

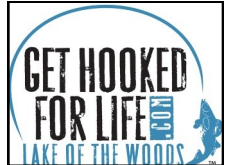
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Education Plus



"In pursuit of excellence and opportunities."

SUMMER 2013

Congratulations, Class of 2014!

Valedictorian: Brook Storbeck
Co-Salutatorian: Janie Sipe
Co-Salutatorian: Kayla Thompson

Gold Honors:

Janie Sipe
Brooke Storbeck
Kayla Thompson
Madison Whipple

Silver Honors:

Halie Johnson
Darian Kempenich
Itilia LaValla
Whitney Nelson
Amy O'Connell
Mattison Pelland
Samantha Plutko
Matthew Schmisek
Cale Ubel



Other Candidates for Graduation:

Zeke Beckel
Nathaniel Brooks
Briann Brosdahl
Jasmine Draper
Samantha Ecklund
Bo Erickson
Paige Fish
Matthew Friemoth
Quinn Johnson
Wilson Kasberger
Allison Lein
Levi Marken
Samantha Nelson
Kyle Neumiller
Blake Olson
Makenzi Pelach
Robert Schultz
Christian Slick
Shaquille Solomon
Stephanie Stavig
Harley Sebakken
Samantha Stokke
Shawn Stull
Xena Summers

Graduation - Sunday, May 25, 2014 @ 2:00 p.m.,
Lake of the Woods High School Gymnasium

Class Motto: "Doing what you want is freedom, liking what you do is happiness." - Frank Tygar

Class Flower: Tiger Lily

Class Song: "Tattoos on This Town" by Jason Aldean

Summer College Camp - July 21-August 14, 2014

Superintendent Jeff Peura

The Lake of the Woods School District is going to offer a summer activity camp starting July 21 to August 14. This program will be run by licensed educators providing enrichment instruction and interesting physical activities. The camp will operate from 9:00 AM until 2:30 PM Monday thru Thursday for four weeks. This opportunity is for students who have just completed grade 3 thru grade 8.

These young people will also be able to take advantage of our summer food program. We will serve breakfast and lunch to the students each day. We are planning to operate two buses and the routes will be determined by the students that have signed up. The brochure advertising the camp and the sign up form will be coming out in May.

The school district is in a good financial position to offer this camp without charging a fee. The School Board has supported this idea and is willing to fund such a camp from our reserve fund balance.

More information inside.

Not summer...

SUMMER COLLEGE CAMP

Superintendent Jeffrey Peura



The Lake of the Woods School District is planning for a summer academic and activity camp from July 21 through August 14. The camp will feature some very exciting academic offerings such as: The Art of Language, Nothing Civil About This War, MathWizards, Around the World in 80 Days, Renaissance Art, and physical activities, Flag football, Volleyball, Softball, Frisbee golf, floor hockey, Basketball and much more.

The camp will run four days a week Monday through Thursday from 9:00 AM to 2:30 PM for students that have completed third grade up through eighth grade. We will coordinate centrally located pick up points for our buses. The students will also be provided with a breakfast and a lunch at school through our summer food service program.



Summer Ball Programs

Tuesdays and Thursdays evenings. The season will run approximately from June 10 - July 17, 2014.

T-Ball	Baseball
Farm Ball	8U Fast Pitch Softball

Summer Speed/Agility & Strength Training - July 1-3 or August 5-7

Summer training program specifically designed for athletes looking to increase their athletic performance, as well as further their understanding and knowledge in important training principles. Each session is an ideal setting for athletes looking to supplement their skills training. Focusing on proper movement mechanics and related sport demands each session emphasizes important training concepts.

For optimal training instruction some session may be added to accommodate athlete participation. Each session has a 20 athlete max therefore session will be added as needed*

Trainer: Nicholas Trujillo, Lake of the Woods alumni and University of Minnesota Twin Cities graduate. Currently the Strength and Conditioning Coach at Coon Rapids High School and a Personal Trainer in the greater Twin Cities area. Multiple years of training experience ranging from working with professional athletes, athletes trying to make US Olympic teams, athletes preparing to play at the college level, athletes trying to make their high school varsity teams, and also beginner athletes that are just starting to understand athletic movement.

Location: Multi-purpose gym

Date: First clinic (July 1st - 3rd)

Second clinic (Aug 5th - 7th)

Time: Session #1 (11th & 12th grade) 9:00 to 10:00 am

Session #2 (10th & 9th grade) 10:00 to 11:00am

Session #3 (7th & 8th grade) (11:00- 12:00)

Cost: Each session is \$12, however there is a \$30 max per clinic (payable to Lake of the Woods School)



The staff is very excited by the chance to teach some different topics and have a fun time while learning. We will be handing out literature before the end of the school year with an enrollment form.

Hershey's Track & Field

June 12, 2014



Join in the fun by competing in basic track and field events and have a chance of a lifetime to receive an all-expense paid trip to compete in the annual North American final meet held in Hershey, PA each year.

Date: June 12 (Rain Date: June 14, 2014)

Time: 2:00 p.m.

Location: Lake of the Woods High School Track & Field Complex - Art Anderson Field

Contact: Curt Storbeck

curt_s@lakeofthewoodsschool.org

218/634-2510 ext. 1135 or 218/202-1894

Piano Lessons Just For Me!

This course is geared toward students who would like to learn how to play piano. Instructed by Heidi Olson, these piano lessons will instruct the beginning student in basic piano knowledge, note reading, technique, and music theory. As the student progresses, the course will become more specialized to meet individual needs. Come learn to play the piano, sharpen musical skills, and have a great time in the process! Individual sessions of 1/2 hour each. Session length varies. Students will need to have a piano or keyboard available to practice on a regular basis. Students will need to purchase piano instruction books from the instructor

Cost: \$16.00 per lesson payable in advance. Sorry, no refunds for missed lessons.

Teacher: Heidi Olson

Location: Elementary music room or choir room



For more information on these activities, classes and pool info...look inside or

Summer at School!

Food That's In...When School's Out!

Lake of the Woods School will be participating in the Summer Food Program again this year. The SFSP compliments the educational programs and activities that are scheduled at the Lake of the Woods School during the summer months, yet it is open to the entire community. The dates, times and locations are listed below.

Lake of the Woods School Site

Dates:

June 17 & 18, 24, 25

July 1, 2, 8, 9, 14-17, 21-24, 28-31

August 4-7, 22-14

Time:

Breakfast: 8:30-9:30 a.m.

Lunch: 11:00-12:30 p.m.

Lakewood Health Center Site

Dates:

June 23-27, July 1-3

Time:

Breakfast: 8:30-9:30 a.m.

Lunch: 11:00-12:30 p.m.

We welcome all children, 18 years and younger, to enjoy these meals free of charge. If parents accompany their children and would like to eat a meal, the adult price is \$2.05 for breakfast and \$3.60 for lunch.

The Summer Food Service Program (SFSP) is a federally funded program operated nationally by the U.S. Department of Agriculture. The Minnesota Department of Education, Food and Nutrition Services, administers the program through the Lake of the Woods School.

"In accordance with Federal law and U.S.

Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech difficulties may contact USDA through the Federal Relay Service at (800)877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

PRAIRIE FIRE CHILDREN'S THEATER

Prairie Fire Children's Theater will be presenting "Peter Pan" from July 14-19, 2014 at the Lake of the Woods School auditorium. This is the 12th year that Prairie Fire Children's Theatre has worked with our children.

The auditions are Monday, July 14th, starting at 8:00 a.m., rehearsals will run Tuesday thru Friday.

All children must be 7 years of age by July 29th. Performances will be on Friday, July 18th at 7:00 p.m. and Saturday, July 19th at 2:00 p.m.

Please mark your calendars for this upcoming event sponsored by Pequana Playhouse. There is no cost for your child to participate in this production, but there will

be a minimal charge at the door for the Friday and Saturday performances.

Lake of the Woods School is participating in the Summer Food Service Program throughout the summer again this year. Breakfast will be served from 8:30-9:30 a.m and lunch will be served from 11:00-12:30 p.m. Monday-Thursday. We welcome all children, 18 years and younger, to enjoy these meals free of charge. If parents accompany their children and would like to eat a meal, the adult price is \$2.05 for breakfast and \$3.50 for lunch. Join us for meals all summer!

More information about the Summer Food Service Program is in this paper.

Michael Hull Volleyball Camps July 29-31, 2014

This Girls' and Boys' Camp is designed to teach players the fundamentals of passing, defense, attacking, setting, blocking, serving and team play with the philosophy of the instructor. Instructor reserves the right to combine age sessions if participant numbers are low.

Michael Hull has been coaching for 11 years and has accumulated an overall career record of 336-190. In that time he has coached 10 young women and men who went on to continue their playing careers in the NCAA, NAIA, and NCVF. The highlights of his career include taking a junior girls team to the AAU National Championship, guiding the first ever NCR Boy's Volleyball Team to winning an NCR/USA Area Championship, and becoming the first male Boy's Volleyball Coordinator at North country region of USA Volleyball.

Michael was a 2003 Graduate of Lake of the Woods. He played collegiately at Minnesota State and was an NIVC All-Conference player in 2008.

Girl's Skills Camp

Dates: July 29-31, 2014

Time: Grades 3-6 Girls' (8:00 a.m.-10:00 a.m.)

Grades 7-12 Girls' (12:00 noon -2:00 p.m.)

Cost: \$60.00 (Make checks payable to Michael Hull)

Location: Multi-purpose gym

Boys' Skills Camp

Dates: July 29-31, 2014

Time: 10:00 a.m.-12:00 noon

Cost: \$20.00 (Make checks payable to Michael Hull)



Pacesetter Basketball Camp June 18th-20th

Pacesetter sports is the Midwest leader in providing high-quality, low-cost programs. The Pacesetter staff is comprised of former state champions, college coaches, or highly successful high school coaches who love teaching basketball to young people. Pacesetter focuses on teaching the most important skills to make the greatest possible improvement in a few days...for a cost most families can afford. This summer marks Pacesetter's 35th season.

Boys/Girls Basketball Camp will be held Wednesday-Friday, June 18-20, 2014 in the Lake of the Woods School Big Gym. Registration forms may be picked up in the Athletic Director's office. Grades refer to 2014-2015 school year. **Make checks payable to Pacesetter.**

Boys & Girls entering grades 9-12

9:00 a.m. -12:00 noon \$75.00/player

Boys & Girls entering grades 5-8

1:00-4:00 p.m. \$75.00/player

Boys & Girls entering grades 1-4



Summer Band Lessons

Lake of the Woods Band Department is celebrating six years of summer band offerings for instrumentalists of all ages! Summer band lessons will be offered during the month of June. Each registrant will have five 30-minute lessons, either on Tuesdays or Wednesdays, in the band room. School instruments are available for use. Registration fee is \$25, plus cost of lesson book and/or music. Students will bring home pamphlets in May with more information. All lessons taught by Liz Tange.



call 218-634-2735 ext. 1504 or email cece_c@lakeofthewoodsschool.org

Open Enrollment at Lake of the Woods School...

Have you thought about enrolling your student at Lake of the Woods School? Do you have questions about transportation or questions about the school? If so, please contact Superintendent Jeff Peura at 218/634-2510 ext. 1501 or Jeff Nelson, Elementary Principal at 218/634-2735 ext. 1514 with your questions. They will be happy to discuss the transportation options we have available for those who live in the surrounding area and answer any of your questions about our school. Did you know that Lake of the Woods School was named one of the top schools in the nation in U.S. News & World Report?

At Lake of the Woods school we offer All Day Every Day Kindergarten, instruction and curriculum geared to meet the needs of individual students, "SMART boards in elementary/high school classrooms to promote digital teaching and learn-

ing and an expanded electronic science curriculum

Lake of the Woods School has an excellent enrichment program to enhance and supplement classroom activities and provide challenging experiences for gifted and talented students.

The High School offers AP classes, curriculum supported by Project Lead the Way, on-line classes to meet individual needs, tremendous access to technology, and numerous co-curricular and extracurricular activities.

If you are interested in enrolling your student at Lake of the Woods School and have questions about the school or would like to schedule a tour please call today for more information. Lake of the Woods School provides a purposeful and enriching environment for a child to learn and grow.

LAKE OF THE WOODS SCHOOL COMMUNITY EDUCATION

Holiday Craft & Vendor Extravaganza

SAVE THE DATE

November 22, 2014
From 9:00 a.m. - 3:00 p.m.
In the Commons/Big Gym

80 vendors in 2013 with
Over 800 people attending

Title 1 Summer School

By Brenda Nelson

The Title I program will be offering a summer school program this summer. It will look similar to last summer's sessions.

This year summer school will be four days in June and five days in August. We will be spending as much time out in the school forest area as we are able to. We are hoping that the school garden will be at the school site this summer and some of our learning opportunities will be related to the garden. The students will be discovering, reading, writing, using technology, and doing math based on the environment around us. The students will be divided into age groups, Grades K-3 and Grades 4-6. They will have reading/science activities for half the day then math activities for half the day. A typical schedule

would be math or reading/science from 9-11:30, lunch and recess from 11:30 to 12:15, and reading/science or math from 12:15-3:00.

Breakfast and lunch will be provided at no cost for summer school students. More information on breakfast and lunch choices will be coming. If they do not choose that option, students will have to bring a sack lunch. Parents will have to provide transportation to and from summer school.

Dates for summer school include:

June 17, 18, 24, 25

August 5, 6, 12, 13, 19

Please contact Brenda Nelson at 634-2056 Ext. 1741 for more information.

Andy's
Located on Highway 11 * Williams * 218/783-6155

Oil Changes * Repairs * Service * Parts
LP TANK EXCHANGE * GAS * DIESEL
Grocery Store:
Coffee Bar, Groceries & Snacks, Cleaning Products, Greeting Cards, Hunting & Fishing Licenses, Lottery

**Lake of the Woods School has three Automatic External Defibrillators (AED).
The three AED's are located in the cafeteria/commons area,
by the multi-purpose gym/pool area and
in the east hall of the elementary/high school area.**

"Under M.S.609.66 Subd., it is a felony to hunt on school land when students are present for school related activities."

The **Education Plus** publication is a production of Lake of the Woods School and Lake of the Woods Community Education. The **Education Plus** newspaper will be printed 3 times during the 2014-2015 school year and distributed to postal patrons in Lake of the Woods County. It is also available on our school's website www.lakeofthewoodsschool.org

If you are interested in advertising in the next edition of the Education Plus, please contact Cece Charlton email cece_c@lakeofthewoodsschool.org or call 218/634-2735 ext. 1504.

L/W School Administration:

Jeff Peura, Superintendent and
High School Principal
Jeff Nelson, Asst. Admin./Elem. Principal

Lake of the Woods School Board

Members:

Tom Eaton, Chair (District #1)
Tim Lyon, Vice-Chair (District #5)
Jeff Birchem, Clerk (District #6)
Terry Waibel, Treasurer (District #4)
Doug Nosan, Director (District #2)
Tim Pelach, Director (District #3)
School board meetings are held the fourth Monday of each month.

Community Education Advisory Council:

Jeff Peura, Ken Moorman, Sharon Feldman, Theresa Brown, Jeff Nelson, Jeff Birchem, Terri Marken, Lisa Beckstrand, Judy Beckman, Nancy Jewell, Cece Charlton and Brian Novak

Community Education Meeting Date:

June 10, 2014 - 4:30 p.m. - ITV Room

Community Education:

Cece Charlton - Coordinator
Lisa Beckstrand - Pool Coordinator
Theresa Brown - ECFE Coordinator/Instructor
Muriel Crandall - Paraprofessional
Rose Anderson - Adult Basic Education



Lake of the Woods School ISD #390
P.O. Box 310
Baudette, MN 56623
218.634.2735 (phone)
218.634.2467 (fax)
www.lakeofthewoodsschool.org

Summer hours:

Mon/Wed - 5:00 a.m. - 9:00 p.m.
Friday - 5:00 a.m. - 4:30 p.m.
Tues/Thurs - 7:00 a.m. - 9:00 p.m.
Saturday - 8:00 a.m. - 4:00 p.m.
Sunday - 1:00 p.m. - 4:00 p.m.
Hours are subject to change.

Census Information

Lake of the Woods School is updating school census information. Census numbers help determine the amount of levy funding that our Early Childhood Program receives from the State of Minnesota. When you are listed on our census, you will be notified of Early Childhood Screening dates and will receive important Early Childhood and Kindergarten information. Please call the District Office at 634-2735, ext. 1501.

**THE SCHOOL FACILITY
WILL BE CLOSED AND
LOCKED ON HOLIDAYS AND
WHEN SCHOOL IS CAN-
CELED.**

For school announcements, visit www.lakeofthewoodsschool.org

LOW achieves victory and smiles at Special Olympics

By Allison Lein

On Wednesday, April 7, schools from all around came to the Warroad School to participate in the Special Olympics. The Lake of the Woods team included high school students Amy O'Connell, Alexandra Schell, Quinn Johnson, and Sean Bergeson. Elementary students Nicky Delvechio, Beckett Hanson, Nick Selberg, and Thor Lein also participated. LHS graduates, Harvey Lein and AJ Washburn rounded out our team. Student helpers were seniors Jasmine Draper and Stephani Stavig. Coaches were teachers Patty Jerde, Gretchen Thompson and paraprofessionals JoLynn Cooper, Pat Dittrich, Dawn Olson, and Kelly Schultz.

The day began with the Pledge of Allegiance, the lighting of the torch with our torch bearer Quinn Johnson, and the play-

ing of our national anthem. Afterward the athletes competed in a number of events as friends and family cheered them on. "It's a lot of fun," Alexandra says, "I really love competing and cheering for all my friends."

Results are as follows:

Sean Bergeson: 50 Meter Dash (4th), Shot Put (3rd), and 100 Meter Run (6th).

Nicky Delvechio: Softball Throw (1st), 50 Meter Dash (2nd), and Standing Long Jump (1st).

Beckett Hanson: 25 Meter Dash (1st), Standing Long Jump (2nd), 50 Meter Dash (3rd), and Softball Throw (2nd).

Nick Selberg: 100 Meter Run (3rd), Standing Long Jump (1st), and Softball Throw (1st)

Quinn Johnson: 200 Meter Run (2nd), Run-

ning Long Jump (4th), Shot Put (4th).

Harvey Lein: Shot Put (5th), Standing Long Jump (1st), 200 Meter Run (1st).

Thor Lein: 50 Meter Dash (3rd), 25 Meter Walk (DQ, Assisted), Tennis Ball Throw (1st).

Amy O'Connell: Running Long Jump (2nd), Shot Put (2nd), 100 Meter Run (5th), and 50 Meter Dash (2nd).

Alexandra Schell: Softball Throw (1st), 50 Meter Dash (2nd), Standing Long Jump (2nd)

AJ Washburn: Shot Put (4th), 800 Meter Run (2nd), 1500 Meter Run (1st).

"It was an awesome day, we had so much fun," Coach Jerde says, "I'm happy everybody competed and did well in their events."



GO BEARS!

**High School Yearbooks
Are on sale now!
Contact yearbook staff to
order
634-2510 ext. 1404**

Thank you!
To all the
**area businesses that support
the Lake of the Woods
School and
the Education Plus.**

**Elementary Yearbooks
for sale
\$12.95
Contact Mrs. Cynthia Hanson
at ext. 1552
Past yearbooks are also available-prices
vary due to age of yearbooks.**

Triple A Booster Club
meets the
2nd Wednesday of each month
in the
L/W School Commons
at 5:30 p.m.
Everyone is welcome to attend.

Walk the Mississippi

By Wendi Storbeck

Lake of the Woods Elementary students have been winding their way back home. Participation in the "Walk the Mississippi" morning walking program has been steady. Students are on track to complete the 2,500 mile return trip from New Orleans, LA to the Headwaters of the Mississippi this spring.

Since the beginning of this program in October of 2013, the students have walked a combined 4,500 miles. This opportunity to increase students' level of activity has been a good fit for our school.

Most students are in the school building 10 to 15 minutes prior to the beginning of the school day. Teachers and administration are in favor of "Walk the Mississippi" as a healthy way to fill those idle minutes. This activity helps kids get ready for their academic day by waking up a sleepy body, mind, and providing a release of energy for students.

We look forward to continuing this program next year and thank our supervising teachers that make this program possible.

To check homework assignments, visit www.lakeofthewoodsschool.org

Law Enforcement demonstrates life jacket safety at school

By Doris Knutson

Lake of the Woods County Deputies Brad Abbey and Ben Duick visited elementary students at Lake of the Woods School on Monday, May 14, to give them a few pointers on life jacket safety.

Throughout the day, Abbey and Duick demonstrated proper life jacket safety procedures to students in the pool area.

Each class was instructed on the proper techniques of wearing the life jackets as well as what to look for in a life jacket to ensure safety in the water.

Abbey pointed out that many inflatable devices used by young children are not meant to be life-saving units, but are used instead for recreational swimming. To ensure that the life jacket you are using is in fact a life-saving device, look for the U.S. Coast Guard's seal within the jacket.

The deputies went over the laws in place that dictate the number of personal floatation devices required in boats and used volunteers from each class to demonstrate the effectiveness of each life jacket, as well as the importance of a well-fitting device.

Abbey stressed that life jackets must be the right size for the wearer as well as suitable for the weight limits of the person who will wear it.

And most importantly having a life jacket in the boat while out on the water is not enough.

"It's not legal unless you are wearing it," Abbey said.

For those who will be out on the water and don't have a proper personal floatation device, the Lake of the Woods Sheriff's Office would like the public to know that life jackets are available to be checked out at the Baudette Public Library, thanks to the Lake of the Woods Take a Kid Fishing Program.

At the conclusion of the demonstration, students received a whistle, courtesy of Take a Kid Fishing, and a certificate for an ice cream cone, donated by McDonald's.



Cloverbuds



Cloverbuds is a monthly activity hour held by 4-H at the Lake of the Woods School for all kids in grades K-2. They make cool crafts, play fun games, have snack and learn about new projects every time. Flyers are sent out to classrooms before each event.



DNR and Smokey Bear visit



To view your student's meal account balance, visit www.lakeofthewoodsschool.org

“Growing Green” School Garden

By Colleen Stanton

Last year, first grade teacher, Mary Johnson, kindergarten teacher Colleen Stanton, Community Ed. Cece Charlton, and high school science teacher Amy Kemen formed a PLC called “Growing Green”. During those sessions, they applied and secured a North Star Electric Operation Round-up Grant. Those funds bought seeds, dirt and other supplies to start garden plants. Then also watched webinar classes through the Minnesota State Extension office and the University of Crookston on community gardens. The group also planned how they would execute lessons in each classroom, use the school’s greenhouse, and advocate for the benefits of growing your own produce. Parent volunteers, Lake of the Woods Master Gardeners as well as members of the Williams gardeners helped plant the seeds and plants into the community gardens by the Lakewood Hospital.

In September of this school year, the garden was harvested. Students from the kindergarten, first, and second

grades provided the “man” power. In about an hour, about 115 students, their teachers, Master Gardeners, Williams Gardeners club members, and a few parents had the carrots pulled, tomatoes and peppers picked, and the pumpkins carted out of the garden. Then the basil and onions were also picked. The plant parts that were left were gathered and brought to the dump trailer. The students and help then enjoyed a snack of fresh salsa and chips made on sight with some of the harvest.

The harvest provided enough pumpkins to be used in each elementary classroom, main office, elementary office, and early childhood rooms. The tomatoes, onions, carrots, peppers and basil were used in the school lunch program as well as offered for the students to take a few home in the younger grades.

This year we have not met as a PLC, but teachers Mary Johnson and Colleen Stanton are still doing science units on plants and seeds. Their goal this year is to have the

garden moved to the school. This would provide the students with hands on experience of growing a garden and seeing that progress. Katie Hasbargen has students ready to make frames for raised beds. The beds would be placed in the courtyard area as advised by grounds supervisor Reed McFarland. Here the water supply is readily available and it will be protected in the middle of the school from animals. The custodial staff mows by push mower in the courtyard already, so it wouldn’t add hardship. Summer school students and teachers have offered to make it part of the curriculum to water and care for the plants this summer.

The kindergarten and first grade classes have planted seeds in the greenhouse and are having success in their growth once again. Please stop in and see the greenhouse in use!



Kindergarten Music Program



What is Head Start?

Head Start is a Federal & State funded comprehensive child and family development program designed to meet the needs of lower income children ages 3-5 and their families. Head Start is a free program that serves children of all ability levels, including children with disabilities and enhances children’s cognitive, physical, social and emotional development. It assists parents in meeting their goals and

supports parents in being their child’s best and most important teacher and caregiver. Contact Pam Horntvedt or Nicole Gates at 218/634-9963 or the Head Start Office at 800/568-5319 or www.nwcaa.org for more information.

Head Start is currently taking applications for the 2013-2014 school year.

What is Early Head Start?

Pregnancy through age three is an amazing and important time of brain development and healthy growth for your child.

Early Head Start provides services to eligible parents expecting a child and to families with infants & toddlers. EHS assists families in providing the best possible start for children. The program provides services that encourage children’s cognitive, physical, social, emotion, and

brain development including children with disabilities. It assists parents in meeting their goals and supports parents in being their child’s first and most important teacher and caregiver.

Early Head Start is currently taking applications for the 2013-2014 school year.

To view the District Calendar, visit www.lakeofthewoodsschool.org

Lake of the Woods 2014-15

August					September					October					November				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
				1	1	2	3	4	5			1	2	3	3	4	5	6	7
4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14
11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	17	18	19	20	21
18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28
25	26	27	28	29	29	30				27	28	29	30	31					

December					January					February					March				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	2	3	4	5				1	2	2	3	4	5	6	2	3	4	5	6
8	9	10	11	12	5	6	7	8	9	9	10	11	12	13	9	10	11	12	13
15	16	17	18	19	12	13	14	15	16	16	17	18	19	20	16	17	18	19	20
22	23	24	25	26	19	20	21	22	23	23	24	25	26	27	23	24	25	26	27
29	30	31			26	27	28	29	30						30	31			

April					May					June				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
		1	2	3					1	1	2	3	4	5
6	7	8	9	10	4	5	6	7	8	8	9	10	11	12
13	14	15	16	17	11	12	13	14	15	15	16	17	18	19
20	21	22	23	24	18	19	20	21	22	22	23	24	25	26
27	28	29	30		25	26	27	28	29	29	30			

No School for Students and Staff

InService No School for Students

Noon Dismissal for Student;
InService for Staff

Sept 1 - Labor Day
 Sept 2 - First Day of Classes
 Oct 16 MEA
 Nov 10 - Deer Day
 Nov 11 - Veteran's Day
 Nov 27-28 Thanksgiving
 Dec 23 - Jan 1 Winter Break
 Dec 25 - Christmas
 Jan 1 - New Year's Day
 Jan 19 - Martin Luther King, Jr Day

Feb 16 Presidents' Day Long Weekend
 March 13 Spring Break
 April 3 - Good Friday
 April 5 - Easter
 April 6 - Easter Monday
 May 24 - High School Graduation
 May 25 - Memorial Day
 May 28 - Last Day of Classes
 May 29 - Last Day for Teachers

August 27 - Elementary Open House, High School Orientation 3:00 -7:00
 November 13 Parent Teacher Conferences 12:00-7:45 No School for Students
 April 7 Spring Parent Teacher Conferences 3:30-7:00
 April 9 Elementary and High School Student Showcase 4:00 -8:00
 Quarter 1 Ends Oct 31 42 days
 Quarter 2 Ends Jan 16 43 days
 Quarter 3 Ends Mar 27 46 days
 Quarter 4 Ends May 28 41 days

Emergency Cancellation/Snow Make Up Days
 Feb 13, 16, & March 13, 16

Revised 2/25/2014

VACANCIES: Athletic/Activities Coaching 2014/2015 School Year at Lake of the Woods School
 No closing date - position open until filled.
Volleyball, Varsity Head Coach
Volleyball, Junior High Coach
Football, Junior High Coach
Boys Basketball, Junior Varsity Coach
Boys Basketball, Junior High Coach
Robotics Advisor

Please contact Brian Novak for more information.
 Letter(s) of application/interest maybe sent to:
 Brian Novak, Activities Director
 Lake of the Woods School
 P.O. Box 310
 Baudette, MN 56623
 218/634-2735 ext. 1423
 218/634-2735 ext. 1423
 Lake of the Woods School is an E.O.E.

KINDERGARTEN ROUND-UP

Kindergarten Round-Up will not be held this spring. There will be an orientation in August.
 Watch for information and forms to arrive in the mail.
 If you have questions, please call 218/634-2056.

For school announcements, visit www.lakeofthewoodsschool.org



NHS member, Kayla Thompson, Whitney Nelson and Janie Sipe working at the blood drive.

NHS Annual Blood Drive

The Lake of the Woods National Honor Society held their annual blood drive on March 5th from 8:15 a.m. to 3:15 p.m. in the choir room. There were a total of 86 volunteers that signed up for this very important day. This was not a record breaking number like last year, due to schedule changes that interfered with a previous blood drive, so many donors were not able to donate because of the required time between donations.

Out of the 86 volunteers, 70 people were able to donate, which collected a total of 85 units of blood, exceeding their projected goal of 81 units. Fifteen donors gave double units of blood on the automated machine.

“The blood drive was very successful. We had to make some scheduling changes, which affected our numbers. We were very pleased and surprised that we reached our goal for donations,” said NHS advisor Mrs. Waibel.

This year, there were 25 students that gave blood for their first time, “I was really nervous at first to donate, but when I was finished, it felt really good to have given blood and potentially save a life. It definitely wasn’t as bad as I thought it was going to be,” said first time donor Blake Olson.

“Take a Kid Fishing” - June 17, 2014

The 2014 Lake of the Woods **Take a Kid Fishing** event will take place on Tuesday, June 17, 2014 at Sportman’s Lodge on beautiful Lake of the Woods! This will be our 17th year in hosting the event. Typically, over 100 kids attend the event, which is free of charge. This program has been designed to teach kids the joy of fishing...a lifelong activity!

The day begins with all participants meeting out at Sportman’s Lodge at 9:00 a.m. and meeting up with their guides for the day. Each young fisherman or fisherwoman will receive a bag of goodies, which includes pop, snack and a variety of prizes.

All boats will return to shore by 4:00 p.m. to enjoy a delicious cookout for everyone, including family members. This is a great time to hear all the wonderful fish stories. Each child has the chance to win some wonderful door prizes, which include: fishing rods, life jackets, tackle boxes, coolers and other neat fishing gear.

Applications are available online at www.lakeofthewoodsschool.org and at the Lake of the Woods School (at the pool office or the Community Ed Office).

Be sure to get your applications in to Lisa Beckstrand at the Lake of the Woods School by the 3rd of June. We having openings available to the first 120 applicants.

We are happy to continue this fine tradition here on Lake of the Woods

“Special Event” lunch in the cafeteria.



Prom night at LHS celebrated-Gatsby style

By Kendall Ericksen

This year 43 couples shared a night with Gatsby at their prom. The Juniors chose “The Great Gatsby” theme and transformed the gym into Gatsby’s famous mansion, decked out in royal blue, black and gold. Junior, Jarred Jonassen, commented, “I thought decorating went by really quick. It looked really good, but I’m still recovering.”

Grand March began promptly at 7:30 p.m. where hundreds of spectators enjoyed seeing the handsome young men and beautiful young women dressed at their finest. The dance started as soon as pictures were finished and students could finally “bust a move.” Some of the favorite songs from the dance were the obvious “Cupid Shuffle” and “Timber.” The dance ended at midnight, and the students spent the rest of their night at post prom.

This year’s post prom included many inflatables, awesome food, karaoke, a photo booth, and a group of improv comedians. Junior, Leah Shaw, said, “Everything at post prom was awesome! The photo booth was pretty cool, but the inflatables were by far my favorite.” Prizes were distributed throughout the night, but the grand prizes were revealed at 5:00 a.m. Amanda Achen took home \$600 cash, Shaye Bruyere won a lap-top, and Haylie Timm received Beats headphones.

Prom 2014 brought a fun, stress-free weekend to students at LHS before the week of studying and cramming for the upcoming AP tests in the weeks to follow.



To view your student’s meal account balance, visit www.lakeofthewoodsschool.org



LHS says goodbye to two beloved teachers

By Amanda Achen

Mrs. Coni Waibel, one of the three math teachers at LHS, has announced her retirement. Waibel has been teaching for 34 years, with 27 of those years being here at LHS. She will be dearly missed by all of the students and staff at LHS. Mrs. Waibel has taught a variety of classes, including AP Calculus, Trigonometry, Algebra II, Geometry, and Algebra I. She has been the National Honor Society advisor for over 20 years, and will be missed by all of her current and former NHS students.

"I will definitely miss all of the students the most, of course. They are the main reason I come to my job every day, and enjoy what I do. I love them, and will miss them all," says Waibel.

In September, Mrs. Waibel will be coming back until the end of the month to help the new math teacher, and to help students overall. She plans on possibly subbing for teachers during that time period, too. After September, when no longer working at LHS, Waibel plans on spending lots of time with her family and her new granddaughter. She plans on still working with education after retiring also. Mrs. Waibel will be missed by all.

Mrs. Deb Perala, after teaching here at LHS for 35 years, has announced her retirement. Mrs. Perala is one of the three English teachers at LHS, and will be missed plenty by all of her current and former students. Mrs. Perala has taught many classes, including AP Literature, Literature, 10th grade English, and 7th grade English. She was the Knowledge Bowl advisor and leader for 13 years, and has enjoyed helping the students, and participating in Knowledge Bowl.

"I love teaching literature, and I love the liveliness of it. It can be hectic at times, but I love teaching children. It's a lot of fun, and I will miss it so much," states Perala. Mrs. Perala plans on doing whatever she wants, whenever she wants after retiring. She will be a grandmother in September, and will be spending plenty of time with her grandchild. She will also enjoy reading, baking, and spending time with family and friends with all of her extra free time! Mrs. Perala will be missed dearly.

Also retiring this year are long time L/W elementary teachers, Ron Rudd and Mary Johnson. Be sure to thank these four teachers for their dedication over the years.



Mary Johnson, Ron Rudd, and Diane Turgeon honored

By Colleen Stanton

Many teachers were honored at the Kramer-Brown IO *Teacher Day Celebration* on Tuesday, May 6, in Thief River Falls. Retirees from Lake of the Woods School attending the event included Ron Rudd and Mary Johnson. All teacher retirees attending received an apple for their dedicated service to their communities.

Ron Rudd was also honored for being "Teacher of the Year" 2013-14. Coni Waibel and Deb Perala were not able to attend, but were honored with retirement apples.

Ron Rudd began his teaching career in 1980 in Middle River, Minnesota. He taught his first three years there, then moved back to Baudette to teach thirty-one more years.

He was a Baudette graduate and earned his teaching degree at the University of North Dakota.

Ron has taught Title I, grade four, but for most of his career he taught fifth grade. He has also dedicated time to the youth in the community by coaching baseball, football, girls' basketball and softball.

He plans to enjoy retirement by spending time with his wife, Janet and children Danielle and Corey (wife Rosalyn). He plans to spoil his grandsons Hudson and Henrik and maybe go hunting and fishing, too!

Mary Johnson received her degree from Bemidji State University. She began her career in Williams, before the consolidation of the county schools. She taught second grade in Williams. When

the school moved to Baudette, she taught fifth grade, second, and finally first grade where she finishes her thirty-four years of teaching.

She has been active serving on many committees at school and church.

Her husband, Mark retired last year. The two of them are moving closer to family in the area they grew up, Twonlet. Mary and Mark enjoy outdoor sports, gardening, and family time. They hope to visit Argentina often to see Shelia, their daughter, and her husband.

Friends of Education were also honored at the celebration in Thief River Falls. Lake of the Woods School Teachers picked Dianne Turgeon to receive this honor. Dianne lives in the Baudette Area. She volunteers her time as a "Grandma Dianne" to Kindergarten students. She enjoys listening to them read, helps them learn how to tie their shoes, and assists with getting them dressed for outside play. She has a special way to give the right amount of hugs to make them feel special.

Dianne has been volunteering with the foster grandparents program for five years. She has impacted over two hundred students with her kind and gentle guidance. We appreciate her dedication to children!

She also received an apple for the honor of being "Friend of Education 2014" from the Kramer-Brown IO.

Come see what makes Lake of the Woods School **A GREAT CHOICE!**

- Nurturing & Caring Environment
- Elementary & High School Computer labs
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- Quality Education
- College Prep Courses

For more information call: 218/634-2735 ext. 1501
Or visit us on the web at: www.lakeofthewoodsschool.org

LAKE OF THE WOODS SCHOOL COMMUNITY EDUCATION

Holiday Craft & Vendor Extravaganza

SAVE THE DATE
November 22, 2014
From 9:00 a.m. - 3:00 p.m.
In the Commons/Big Gym

80 vendors in 2013 with Over 800 people attending

Hershey's Track & Field June 12, 2014

Join in the fun by competing in basic track and field events and have a chance of a lifetime to receive an all-expense paid trip to compete in the annual North American final meet held in Hershey, PA each year.

June 12 (Rain Date: June 14, 02:00 p.m.)

Lake of the Woods High School Track & Field Complex - Art Anderson Field
Contact: Curt Storbeck

curt_s@lakeofthewoodsschool.org
218/634-2510 ext. 1135
or

For Community Ed activities, visit www.lakeofthewoodsschool.org

Choir performs last concert for LOW

By Briann Brosdahl

The last Lake of the Woods choir concert of the year was performed on Thursday, May 8 at 7:30pm.

It all started off with two ensembles. First was "Shosone Love Song" by Roger Emerson sung by Emma Brandon, Sydney Russell, Magen Pelland, and Max Million. Following that was a duet called "Follow Me" sung by Nathan Brooks and Max Million. After the two ensembles, Mrs. Kathi (Berggren) Nelson awarded the 9th and 10th grade awards. The high school girls followed up with the song "Landslide" by Stevie Nicks, accompanied by Max Million with his guitar.

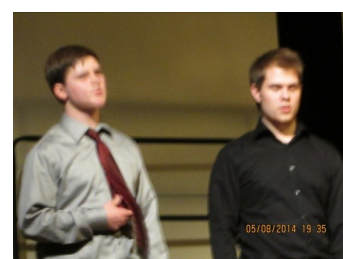
After "Landslide," the junior and senior high girls choirs joined together to sing "Cups" while a few played the cups rhythm on the stage and Jody Clark sang a solo. Following "Cups," Mrs. Nelson gave out the awards for the 11th grade. "16 Tons," originally sung by Merle Travis, was performed by Robbie Schulz, Blake Olson, Calvin Krause, and Max Million.

12th grade awards were given out short-

ly after the ensemble. Two more ensembles followed one of which was "Sweet and Low" sung by Amy O'Connell and Allison Lein. Before that was "Danny Boy," by Fred Whetherley, sung by Matti Pelland, Kayla Thompson, and Makenzi Pelach. Allison Lein and Matti Pelland were awarded outstanding seniors.

The junior high mixed choir then came on to perform "The Scientist," by Coldplay, and the "We Will Rock You" Medley, assembled by Mac Huff, where Paul Amago and Jewel Frahm were soloists.

This year, the senior high choir wrapped up the night with a Glee themed medley called "We are Young." The whole choir danced and sang while some even got to have their moment and singing a solo. The Choir had practiced the choreography since April 30th and worked hard to make the whole thing come together. "Having everyone in class this year and seeing the choir grow was what I enjoyed the most...and teaching the eighth grade boys." Mrs. Nelson stated.



Grafstrom will take over as K-Bowl, NHS Advisor

By Kyden Krause



As it is Mrs. Deb Perala and Mrs. Coni Waibels' last year at LHS, Mrs. Erin Grafstrom will step in and take over both NHS and Knowledge Bowl starting next school year.

Perala stated, "I am thrilled that Mrs. Grafstrom is willing to be the Knowledge Bowl coach! She was in KB as a student in East Grand Forks, so she knows a lot about it already and did very well with the team this year!" Perala has coached KB since 2000, and had made it to state seven times with her team. "Lake of the Woods teams are respected in KB, and I know that Mrs. Grafstrom and future teams will carry on our tradition," says Perala.

Grafstrom was also involved with NHS in high school. "I'm excited about taking on the NHS, because Mrs. Waibel has been so

committed to honoring the ideals of Character, Service, Scholarship, and Leadership. I can't wait to further develop these qualities in Lake of the Woods NHS members; I am privileged to be a part of this.

Waibel states "I am so excited that Mrs. Grafstrom is willing to be the advisor of NHS. It is such a fulfilling job helping the students serve their community."

We are excited to see Grafstrom continue these honorable clubs in the years to come.

First WEDay held with RRHS

By Kayla Thompson

Rainy River and the LHS student council came together to plan the first annual We Day at our high school. The events kicked off at 9:00 a.m. and ended at 3:00 p.m. Rainy river high school invited all of the speakers/entertainers, for the day, who are widely known around Canada. The object of this year's We Day was to remind young people that they can make change in the world for the better.

The keynote speaker of the day was Shane Feldman from Winnipeg, Ontario. Shane started the campaign "Count Me In" when he was 13, which gets students involve in activities and making a difference. Also speaking was Duncan Cox, who spoke about homophobic bullying, Chelsea Hertzog who al spoke about bullying, Deb Whetzel spoke about mending the broken heart, Anna Morgante speaking about self harm, and Dylan Lowes and Levi Maxton with a hip hop dance presentation. Other speakers were

Trevor Barker who spoke about songwriting and Phil McGreevy who spoke about working for the Winnipeg Jets. In the morning, grades 9-12 broke out into groups and had mini sessions with various speakers. At the end of the mini sessions, LHS and RRHS held a crab soccer tournament to win the "Crabby Cup." The Americans took the cup with the Canadian rookies perhaps hoping to win it back next year.

"The day was really amazing. Coming together with Rainy river was really great and there were some amazing speakers," said Mr. Novak, Student Council advisor. After the crab soccer tournament, everyone gathered in the auditorium for a music performance by singer Flo, who made our school part of her Hateless tour, which aims to educate students about bullying and how to stop it. Also in the afternoon, there was a street circus performance from Daniel & Kimberly Craig. Overall, the day was a huge success.

For the pool schedule, visit www.lakeofthewoodsschool.org

Box Tops for Education

By Amy Potts, LOW School Box Tops Coordinator



America's schools have earned more than \$525 million through the Box Tops for Education® program since the program started in 1996. More than 75,000 Box Tops coordinators participate in the program, which generated \$74 Million during the 2011-2012 school year. More than 90,000 schools use that cash to purchase items such as computers, library books, art supplies and playground equipment. Schools can earn up to \$20,000 by clipping Box Tops from 240 products in 42 categories and can earn eBoxTops by shopping 300 online retailers through the Box Tops Marketplace®. To learn more and for a list of participating products, visit www.btfe.com.

Box Tops for Education offers parents and kids easy, everyday ways to earn cash for their school. The program began in 1996, as more and more schools struggled to make ends meet. Each year enrolled schools receive a program kit to help them build their own comprehensive fundraising campaign. Most schools designate a program coordinator to develop ways to encourage students, parents, school staff and community members to clip Box Tops from participating products and bring them to school. After the collected Box Tops are sent in to General Mills, the school receives a check, equivalent to 10 cents for every Box Top redeemed to spend on anything they choose. Thousands of schools have used the cash from Box Tops for Education to purchase items such as computers and computer software, library books, art supplies and playground equipment.

Thanks for supporting our school! Together, we can make a big difference! Keep clipping Box Tops throughout the summer months and send them to school before the fall submission deadline, Nov. 1st so we can mail them in and get cash for our school!



NHS members during Dollars for Scholars telethon.

PARENTS... talk with us

3 out of 4
Lake of the Woods
High School Students
AGREE
that parents should talk to their children about the importance of NOT using alcohol.

Data from the 2013 Positive Community Norms Survey of 177 Lake of the Woods 7-12th graders. Funded by the Minnesota Department of Human Services, Alcohol and Drug Abuse Division.

www.LWPCstory.org **OUR STORY**

Lake of the Woods Community Education Registration Form

P.O. Box 310
Baudette, MN 56623
634-2735 ext. 1504

LAKE OF THE WOODS School

Name (adult): _____
Name (student): _____ Class/Activity _____ Fee \$ _____ (American funds only)
Age: ____ Grade: ____ Teacher: _____ T-Shirt Size: (If applicable): _____
Parent/Guardian Name _____ (Parent/Guardian must sign if under 18)
Address _____
City/State/Zip _____
Phone (Day) _____ Phone (Eve) _____ Cell _____
Email: _____

I certify that myself/dependent is adequately covered by insurance. _____
Signature

I certify that we do not have insurance, but will assume all legal responsibility for accidents or injuries arising there from. _____
Signature

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LAKE OF THE WOODS
SCHOOL
COMMUNITY EDUCATION
Holiday Craft & Vendor Extravaganza
SAVE THE DATE
November 22, 2014
From 9:00 a.m. - 3:00 p.m.
In the Commons/Big Gym

Triple A Booster Club
meets the 2nd Wednesday
of each month
in the L/W School Commons
at 5:30 p.m.
Everyone is welcome to attend.

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To view the District Calendar, visit www.lakeofthewoodsschool.org

Community Education/Pool Classes/Activities

Community Ed Class Registration

Registration forms for Community Ed spring/summer classes/activities will go out to all elementary students at Lake of the Woods School and registration forms may also be picked up in the Elementary, High School, Pool and Community Education offices. A registration form is also included in this paper. **Class registration is required.** Many classes have a minimum number of people needed to offer the class, and if enough people have not registered **one week prior** to a class, the class will be cancelled. Also, check out our website for a schedule of our community education classes. **All checks are to be made payable to Lake of the Woods School (American Funds).**

T-Ball



Practice for T-Ball will be on Tuesdays and Thursdays from 6:00-7:00 p.m. The season will run approximately from June 10 - July 17, 2014. Players will learn the fundamentals of throwing, hitting and base running. Children - 4 years to 6 years. Wear appropriate clothing, tennis shoes or cleats, bring a baseball glove and a water bottle.

Cost: \$15.00/resident; \$20.00/non-resident

Farm ball

Players will work on the basic fundamentals of throwing, hitting, fielding and base running. For players just completing 1st and 2nd grade. Practices will be on Tuesdays and Thursdays from 6:00-7:00 p.m. The season will run approximately from June 10- July 17, 2014. Wear appropriate clothing, tennis shoes or cleats, bring a baseball glove and a water bottle.

Cost: \$15.00/resident; \$20.00 non-resident

Baseball



Players will work on the basic fundamentals of throwing, hitting, pitching, fielding, base running and be exposed to basic baseball strategy. For students just completing 3rd, 4th and 5th grade. Practices for baseball will be on Tuesdays and Thursdays from 6:00 - 8:00 p.m. The season will run approximately from June 10 - July 17, 2014. End of season barbeque on July 11th. Wear appropriate clothing, tennis shoes or cleats, bring a baseball glove and a water bottle.

Cost: \$15.00/resident; \$20.00/non-resident

8U Fast pitch Softball

Players will learn the fundamentals of playing softball. Practices will be on Tuesdays and Thursdays from 6:00-8:00 p.m. The season will run approximately from June 10 - July 17, 2014. Please bring tennis shoes or cleats, softball glove, a water bottle and wear appropriate clothing. **8U** - currently in 2nd and 3rd grade.

Location: softball field on south side of school

Cost: \$15.00/resident \$20. non-resident

Open Basketball for Grades 6-12

Starting June 10 - ending July 31, 2014

Tuesdays 6:30-9:00 p.m. in the Big & Small Gym

Adult Weight Room Membership

The usage fee for the Lake of the Woods School weight room is \$30.00/month, resident; \$40.00/month, non-resident; \$20.00/month college student (with college ID); \$10.00/month Senior Citizen and a \$10.00 fee for FOB (keyless entry). Members must be 18 years old and not in high school. All fees are non-refundable. Before access to the weight room is given out, the participant is required to sign "A Waiver of Liability, Assumption of Risk and Indemnification for Use of the Lake of the Woods School District's Weight Room" and pay the required fees. The weight room is closed on holidays.

Summer Speed/Agility & Strength Training

Summer training program specifically designed for athletes looking to increase their athletic performance, as well as further their understanding and knowledge in important training principles. Each session is an ideal setting for athletes looking to supplement their skills training. Focusing on proper movement mechanics and related sport demands each session emphasizes important training concepts.

For optimal training instruction some session may be added to accommodate athlete participation. Each session has a 20 athlete max therefore session will be added as needed*

Trainer: Nicholas Trujillo, Lake of the Woods alumni and University of Minnesota Twin Cities graduate. Currently the Strength and Conditioning Coach at Coon Rapids High School and a Personal Trainer in the greater Twin Cities area. Multiple years of training experience ranging from working with professional athletes, athletes trying to make US Olympic teams, athletes preparing to play at the college level, athletes trying to make their high school varsity teams, and also beginner athletes that are just starting to understand athletic movement.

Location: Multi-purpose gym

Date: First clinic (**July 1st - 3rd**)

Second clinic (**Aug 5th - 7th**)

Time: Session #1 (11th & 12th grade) 9:00 to 10:00 am

Session #2 (10th & 9th grade) 10:00 to 11:00am

Session #3 (7th & 8th grade) (11:00- 12:00)

Cost: Each session is \$12, however there is a \$30 max per clinic (payable to Lake of the Woods School)

Beginners Mosaics Class

Make a beautiful mosaic mirror frame, garden gazing ball or flower pot. I have a base for those who do the mirror frame. If you are creating a gazing ball, bring an old bowling ball. If you want to do a flower pot, bring a terracotta pot of your choosing. Bring old china or glass you would like to use on the project. A limited supply of glass tiles and china will be provided. Tools for crafting the project will be provided for use.

Dates: June 17-19, 2014

Time: 6:00-9:00 PM

Locations: High School Art Room

Ages: 9th grade through adult

Cost: \$25 (payable to Lake of the Woods School)

Material fee is payable to the instructor, Sue Hopkins.

This fee will vary depending on the choice of project.

Class is limited to 15 participants.

If you have questions, please call Sue Hopkins at 218-766-5671

Piano Lessons Just For Me!

This course is geared toward students who would like to learn how to play piano. Instructed by Heidi Olson, these piano lessons will instruct the beginning student in basic piano knowledge, note reading, technique, and music theory. As the student progresses, the course will become more specialized to meet individual needs. Come learn to play the piano, sharpen musical skills, and have a great time in the process! Individual sessions of 1/2 hour each. Session length varies. Students will need to have a piano or keyboard available to practice on a regular basis. Students will need to purchase piano instruction books from the instructor

Cost: \$16.00 per lesson payable in advance. Sorry, no refunds for missed lessons.

Teacher: Heidi Olson

Location: Elementary music room or choir room

Jewelry Class - Charm Swap & Byzantine

Make a chain and share charms with other artisans to complete a unique chain charm bracelet. The chain for the bracelet will be made first. Then participants design and make a set of charms to swap. There is a time limit so be prepared. At the end of the session, charms will be randomly packaged so each participant receives 19 different charms, plus one they made. These will then be attached to the bracelet.

We can do the charm swap and the byzantine in one day. Everyone says they can have their charms done before they come, so all we need to do is make the bracelet. And, if everyone has their jump rings ready, we can make the byzantine bracelet in the afternoon. If only a few people sign up for the two back to back sessions, then the charms made can all be a bit different so those of us there get unique charm bracelets. The metal for the charm bracelet can be copper, bronze, brass, plated, etc. It really does not matter. And it can be half hard or dead soft. The wire for the byzantine can be half hard or dead soft as well if a person makes their own jump rings.

Tools needed:

*Round, chain, flat and bent nose pliers

*Mandrels or 6 step pliers

*Soft jaw pliers

Materials needed to make the bracelet:

*16 gauge round wire-up to 15 feet may be required (standard silver plated wire package size from wiresculpture.com)

*Clasp-handmade or purchased

Materials needed to make 20 charms:

(each charm should not have an overall completed length, including the attachment section, of more than 1")

*Charms: A: should be all the same or very similar

B: can have more than one component to them

C: can be gemstone, metal, polymer clay, paper, shrink plastic, etc., but they need to be able to be cleaned in soap and water

D: do not have to be round E: color of beads

and/or metal type does not matter

F: round beads should be no larger than 10mm

(thickness matters in this type of bracelet)

Date: July 23, 2014

Time: 9:00 a.m. - 3:00 p.m.

Location: Lifeskills Room

Cost: \$8.00

For Community Ed activities, visit www.lakeofthewoodsschool.org

Community Education/Pool Classes/Activities

Summer Band Lessons

Lake of the Woods Band Department is celebrating six years of summer band offerings for instrumentalists of all ages! Summer band lessons will be offered during the month of June. Each registrant will have five 30-minute lessons, either on Tuesdays or Wednesdays, in the band room. School instruments are available for use. Registration fee is \$25, plus cost of lesson book and/or music. Students will bring home pamphlets in May with more information. All lessons taught by Liz Tange.

Adult Basic Education

Instructor: Rose Anderson @ 634-1563

Must be 16 years old or older and not enrolled in secondary school.

Facility Use, Policies, and Procedures

The Community Education Department coordinates use of all school facilities and equipment beyond the regular school day. School functions take priority. School activities may be scheduled subsequent to approval and the affected party will be notified if that situation occurs. The use of facilities is governed by policies and regulations approved by the Board of Education. **No activities will be scheduled on legal and/or school holidays.** For more information contact the Community Education Office.

Lake of the Woods County Relay for Life

Saturday, August 16, 2014

Lake of the Woods County Fairgrounds

The Big and Small Gyms will be locked and closed from June 23rd thru July 6th, 2014 for floor refinishing

The Lake of the Woods Community Education
Holiday Vendor and Craft Sale is on November 22, 2014

Other activities at school and in the community

Michael Hull Volleyball Camps - July 29-31, 2014

This Girls' and Boys' Camp is designed to teach players the fundamentals of passing, defense, attacking, setting, blocking, serving and team play with the philosophy of the instructor. Instructor reserves the right to combine age sessions if participant numbers are low. Michael Hull has been coaching for 11 years and has accumulated an overall career record of 336-190. In that time he has coached 10 young women and men who went on to continue their playing careers in the NCAA, NAIA, and NCVF. The highlights of his career include taking a junior girls team to the AAU National Championship, guiding the first ever NCR Boy's Volleyball Team to winning an NCR/USA Area Championship, and becoming the first male Boy's Volleyball Coordinator at North country region of USA Volleyball.

Michael was a 2003 Graduate of Lake of the Woods. He played collegiately at Minnesota State and was an NIVC All-Conference player in 2008.

Girl's Skills Camp

Dates: July 29-31, 2014

Time: Grades 3-6 Girls' (8:00 a.m.-10:00 a.m.)

Grades 7-12 Girls' (12:00 noon -2:00 p.m.)

Cost: \$60.00 (Make checks payable to Michael Hull)

Location: Multi-purpose gym

Boys' Skills Camp

Dates: July 29-31, 2014

Time: 10:00 a.m.-12:00 noon

Cost: \$20.00 (Make checks payable to Michael Hull)

Location: Multi-purpose gym

Lake of the Woods Hockey Camp

June 23-July 5, 2014 Contact Don Krause for more information.

Lake of the Woods County Fair

July 9-12, 2014

William's Back Home Days

July 11-13, 2014

Prairie Fire Children's Theatre

July 14-19, 2014

Pacesetter Basketball Camp - June 18th-20th

Pacesetter sports is the Midwest leader in providing high-quality, low-cost programs. The Pacesetter staff is comprised of former state champions, college coaches, or highly successful high school coaches who love teaching basketball to young people. Pacesetter focuses on teaching the most important skills to make the greatest possible improvement in a few days...for a cost most families can afford. This summer marks Pacesetter's 35th season.

Boys/Girls Basketball Camp will be held Wednesday-Friday, June 18-20, 2014 in the Lake of the Woods School Big Gym. Registration forms may be picked up in the Athletic Director's office. Grades refer to 2014-2015 school year. **Make checks payable to Pacesetter.**

Boys & Girls entering grades 9-12

9:00 a.m. -12:00 noon \$75.00/player

Boys & Girls entering grades 5-8

1:00-4:00 p.m. \$75.00/player

Boys & Girls entering grades 1-4

4:00-5:30 p.m. \$45.00/player

Frank Covino Painting Workshop

August 11-22, 2014

Lake of the Woods School Art Room

Hershey's Track & Field- June 12, 2014

Join in the fun by competing in basic track and field events and have a chance of a lifetime to receive an all-expense paid trip to compete in the annual North American final meet held in Hershey, PA each year.

Date: June 12 (Rain Date: June 14, 2014)

Time: 2:00 p.m.

Location: Lake of the Woods High School Track & Field Complex - Art Anderson Field

Contact: Curt Storbeck

curt_s@lakeofthewoodsschool.org

218/634-2510 ext. 1135 or 218/202-1894

Junior Golf

Ages: 4th grade thru 12th grade

Location: Oak Harbor Golf Course

Fee: \$10.00 payable to Oak Harbor Golf Course

Time: 8:00 a.m. - noon

Starting June 12th and going through August 14th

Questions: 634-9939 or 434-1001

Acrylic Painting Workshop

Learn from Minnesota artist, Don Houseman, his methods of acrylic painting with your choice of subject. All skill levels and beginners welcome. For more information and/or to register for the class email: studio@wiktel.com or mail registration and fee to the Lake of the Woods Art Guild, P. O. Box 46, Baudette, MN 56623

Dates: Friday, June 6 from 6:00 p.m.-9:00 p.m.

Saturday, June 7 from 8:00 a.m.-3:30 p.m.

Sunday, June 8 from noon -3:30 p.m.

Location: High School Art Room

Instructor: Don Houseman

Cost: \$25.00 (payable to Lake of the Woods Art Guild) includes most supplies

Supply fee: Payable to Lake of the Woods Art Guild

This class is made possible through an Arts Project Grant from the Region 2 Arts Council and the Minnesota State Legislature.

Community Band

The Community Band will begin rehearsals Monday, June 9, at 7:00 p.m., in the school band room. Rehearsal schedule and performances will be decided at that meeting. If you need an instrument, we can help provide those for you. There is no fee to participate. Possible performances include 4th of July parade, county fair, Depot and the Care Center gardens.

Questions can be directed to Liz Tange, at school, ext. 1140.



For Community Ed activities, visit www.lakeofthewoodsschool.org

Community Education/Pool Classes/Activities

American Red Cross Swimming Lessons

Session 1-June 9-20

8:30-9:00-Level 1
8:30-9:00-Level 2
8:30-9:15-Level 3

Session 1B June 20-24

10:00-12:00-Levels 1 & 2
10:00-12:00-Levels 3 & 4
10:00-12:00-Levels 5 & 6

Session 2-July 7-18

9:00-9:30-Level 1
9:00-9:30-Preschool
9:30-10:00-Level 2

9:30-10:30-Level 4

10:00-10:45-Level 3

10:30-11:30-Level 5

11:00-11:30- Preschool

11:30-12:30-Level 6

11:30 -12:00-Level 2

Session 3-August 1-12

9:00-9:30-Level 1
9:00-9:30-Level 2
9:00-9:45 Level 3
9:30-10:00-Preschool
9:30-10:30-Level 4
9:45-10: 45--Level 5
10:00-10:30-Level 2
10:30-11:00-Level 1
10:30-11:15-Level 3
10:45-11:45-Level 6
11:15-11:45 Preschool

Registration

Please use the registration form and return it to the L/W pool. @

P.O. Box 310 Baudette, MN 56623

Only those registered and paid are guaranteed a spot in a full class. Be sure to register in advance or call the pool office @634-2735 ext. 1101 before coming to class— lessons may be full, cancelled or re-arranged—depending on the number of

Costs

Resident/Non-Resident

Preschool \$30.00/\$32.50

Level 1-\$30.00/\$32.50

Level 2-\$30.00/\$32.50

Level 3-\$35.00/\$37.50

Level 4-\$40.00/\$42.50

Level 5-\$40.00/\$42.50

Level 6-\$40.00/\$42.50

The pool office has a complete list of skills for each level. Please feel free to contact the pool office for this information.

Evening Classes

5:30-6:00- Preschool M/W/F July 11-29

6:00-6:30 -Level 1 M/W/F July 11-29

6:00-6:30-Level 2 M/W/F July 11-29

6:30-7:15-Level 3 M/W/F July 11-29

Birthday Parties at the Pool

The pool is a wonderful place to hold birthday parties! Parties can be held during open swim hours and the observation area overlooking the pool is a great place to have games and lunch as part of your celebration.

If you have any questions or would like to book the pool and observation area for your next party, call the pool office at 634-2735 ext. 1101.

Walking Track

The walking track is open Mon/Wed 5:00 a.m.-9:00 p.m., Fri 5:00-4:30 Tues/Thurs 7:00 a.m. - 9:00 p.m. Saturday 8:00 a.m. - 4:00 p.m. and Sunday 1:00 p.m. - 4:00 p.m. (during pool hours).



**The pool will be
CLOSED
August 11th-17th
For maintenance**

Pool Information
Lisa Beckstrand
Pool Coordinator
Office phone 634-2735 ext. 1101

Summer 2014 Pool Schedule - Starts Monday, June 2, 2014

Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8 a.m. Adult Swim		5-8 a.m. Adult Swim		5-8 a.m. Adult Swim		
1-3 p.m. Open Swim	5-8 p.m. Open Swim	1-3 p.m. Open Swim	5-8 p.m. Open Swim	1-3 p.m. Open Swim	1-4 p.m. Open Swim	1-4 p.m. Open Swim

Open Swim Schedule **ONLY** for June 16th-20th - Adult Swim remains the same
5-8 p.m. 5-8 p.m. 5-8 p.m. 5-8 p.m. 5-8 p.m. 1-4 p.m. 1-4 p.m.



For the pool schedule, visit www.lakeofthewoodsschool.org

Be mindful of ticks this summer

Summer is a great time to get out and enjoy the outdoors, so it's important to be mindful of ways to prevent exposure to ticks while play-ing in lake country.

The Minnesota Department of Health (MDH) notes that most tick bites do not result in disease, but that it's a good idea to recognize early symptoms of the more commonly encountered tick-transmitted diseases. The most common tick-borne illnesses locally are:

Lyme Disease: Symptoms vary, or people may feel like they have "the flu". Look for a distinctive expanding rash or bulls eye marking, fever, chills, headache, muscle and joint pain, or fatigue. Symptoms progress days, weeks, or months after onset of illness if not treated.

Human Anaplasmosis: Look for sudden fever, severe headache, muscle aches, or chills. Less frequent symptoms are nausea, vomiting, loss of appetite, weight loss, cough, diarrhea, aching joints, and change in mental status.

Babesiosis: Look for high fever, muscle aches, chills, fatigue, headache, loss of appetite, or anemia. If you suspect tick-borne illness, see your provider immediately. Early diagnosis and treatment can reduce the time a person is ill and the severity of the disease.

People may be infected with two or more tick-borne infections at the same time which can complicate diagnosis and treatment.

More information on tick-borne illnesses can be found on the MDH website at www.health.state.mn.us.

Prevention is Your Best Defense Against Tick Bites:

- Avoid wooded, brushy areas during the peak time of year, generally mid May through mid July. Walk in the center of trails to avoid picking up ticks from grass and brush.

- Use a good tick repellent. Products containing permethrin, which are for clothing only, are recommended for people spending time in tick habitats. Standard DEET-based products are an option for use on skin or clothing. Use as directed for adults and children. Do not use DEET for infants.

- Wear light-colored clothing that help shield you from ticks such as long-sleeved shirts and pants. Tuck your pants into the top of your socks or boots to create a tick barrier. Check frequently for ticks and re-move them promptly. Ticks must remain attached for one to two days before they can transmit Lyme disease bacteria.

- Research suggests human anaplasmosis may be transmitted more quickly. Check the hairline and behind the ears and points of clothing constriction (e.g. behind knees, waist line, and arm pits).

- Keep your lawn mowed short and remove leaves and brush around your house and the edges of the yard.

SOURCE: MINNESOTA DEPARTMENT OF HEALTH



SEE YOU AT THE FAIR

A free health screening from LakeWood might be the ticket to a healthier you. Visit us in the 4-H Building on Thursday and Friday, July 10 & 11 from 2:00 p.m. to 6:00 p.m. and Saturday, July 12 from noon to 4:00 p.m. for free glucose, blood pressure and total cholesterol screenings.

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LakeWood Health Center

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Lake of the Woods School has three Automatic External Defibrillators (AED). The three AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area and in the east hall of the elementary/high school area.

For school announcements, visit www.lakeofthewoodsschool.org

New Immunization Laws for Schools, Child Care, and Early Childhood Programs Begin September 2014

On Sept. 1, 2014, changes to Minnesota's Immunization Law will take effect. The changes were made to be more closely aligned with the current Advisory Committee on Immunization Practices (ACIP) recommendations. Medical and conscientious exemptions are still allowed under the law.

New Vaccine Requirements

The new vaccines that will require documentation of immunization or a legal exemption include:

- **Hepatitis B** – For all children over 2 months old enrolled or enrolling in child care or an early childhood program.
- **Hepatitis A** - For all children over 12 months old enrolled or enrolling in child care or an early childhood program.
- **Tdap** - For all students entering seventh grade. Students in eighth through 12th grade must show documentation if the school requests it. *This replaces the Td immunization requirement.*
- **Meningitis (meningococcal)** - For all students entering seventh grade. Students entering eighth through 12th grade must show documentation if the school requests it.

Changes to Previous Vaccine Requirements

- **Varicella** –Must have received varicella vaccine by 15 months of age to enroll in child care or early childhood programs. This applies to children turning 15 months old on Sept. 1, 2014 or after. Additionally, the law clarifies that if a

child had varicella disease:

- Before 2010, the parent or guardian needs to provide the month/year of the disease and their signature. A provider's signature is not required.
- After 2010, a provider's signature is required.

- **Polio and DTaP**– Starting Sept. 1, 2014, children enrolled or enrolling in child care, early childhood programs, and kindergarten through 12th grade and are completing their polio or DTaP series must have had their final:

- **Polio** dose (usually fourth dose) on or after their fourth birthday
- **DTaP** dose (usually fifth dose) vaccine on or after their fourth birthday. Remember, this change takes effect on Sept. 1, 2014, so incoming kindergartners for the 2014-2015 school year who have completed their polio and DTaP series are exempt. This change will have a bigger impact on incoming kindergartners for the 2015-16 school year. Note: This change doesn't apply to children in upper grades, in other words, a review of records for children in first through 12th grade isn't necessary.

- **Kindergarten through 12th grade** - The immunization law now specifies that students in all grades have documentation for all required vaccines. If the school requests immunization records for any student (K-12), parents must com-

ply by providing the immunization dates or a legal exemption. The requirement for schools to report compliance at kindergarten and seventh grade to MDH remains unchanged.

Early Childhood Programs Now Included

New to Minnesota's Immunization Law are early childhood programs which include programs that provide instructional or other services to support children's learning and development and:

- Serve children from birth to kindergarten.
- Meet at least once a week for at least six weeks or more during the year.

Children enrolled or enrolling in these types of programs must provide proof of immunizations or have a legal exemption for:

- DTaP
- Varicella
- Polio
- Pneumococcal (2-24 months)
- MMR
- Hepatitis A
- Hib
- Hepatitis B

Note: Early Childhood Special Education (ECSE) was previously included in the Immunization Law.

**Lake of the Woods School
Community Education**
**Holiday Craft & Vendor
Extravaganza**
SAVE THE DATE
November 22, 2014
From 9:00 a.m. - 3:00 p.m.
In the Commons/Big Gym

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Main: 218-285-2004
Cell: 218-349-3440
cheibel@solutionsagencies.com



Prairie Fire Theater Presents
Peter Pan



Performances will be
Friday, July 18, 2014
and Saturday, July 19, 2014 @ 2:00 p.m.
in the Lake of the Woods School Auditorium

Ticket prices:
\$5.00 per person
\$20.00 family maximum

sponsored by Pequana Playhouse

For the pool schedule, visit www.lakeofthewoodsschool.org



End of an era without John Oren

By Stephanie Stavig

If you were an athlete at LHS, you knew John Oren as a fixture at games, snapping shots and taking notes to report on the games. You may recall him complimenting you on a game or even calling out a ref for a bad decision. A true Bear fan, John Oren, longtime contributor to the *Northern Light* and the *Northern Light Region* and the former *Baudette Region* Editor, lost his battle with cancer on January 20, 2014, at the age of 75.

Oren was the sportswriter for the *Baudette Region* before he became Editor/Publisher in 1976. He worked there for many years becoming prominent in the community. In

the early 2000's, John retired from working at the *Northern Light* as the government/sports writer. He worked there until poor health forced his retirement last summer.

Oren also served on the board at the Brink Senior Center.

An honorary night for Oren was held last fall at a home volleyball game. The school awarded Oren with a plaque for all of his hard work and dedication to the school and community. Mrs. Moeller stated, "John helped to write the history of this community that he clearly loved. His honesty, talent, and drive are an inspiration."



Hobey Baker High School Character Award winner Brooke Storbeck receiving her plaque from Head Girls Hockey Coach Jeff Peura. The Hobey Baker is awarded to a student on the girls varsity hockey team that meets the criteria of: character, commitment, teamwork, persistence, selflessness, academic excellence and sportsmanship. Brooke was a tremendous role model and senior captain leader on the hockey team this past season. Brooke also received notice as an Academic All State winner for her 4.0 grade point average.



Sara Achen, a junior at Lake of the Woods School, was chosen to the All Section 8 Hockey Girls Hockey Team. Sara received her trophy from Head Girls Hockey Coach Jeff Peura.



The Lake of the Woods School District is planning for a summer academic and activity camp from July 21 through August 14.

The camp will run four days a week Monday through Thursday from 9:00 AM to 2:30 PM for students that have completed third grade up through eighth grade. We will coordinate centrally located pick up points for our buses. The students will also be provided with a breakfast and a lunch at school through our summer food service program.

We will be handing out literature before the end of the school year with an enrollment form.



Team LW School who competed in the Fargo Marathon events May 11, 2014. Amy Potts ran in her first 10K there. Diane Laine and Brenda and Jeff Nelson ran in the Half Marathon for the first time.

Lake of the Woods School has three Automatic External Defibrillators (AED). The three AED's are located in the cafeteria/commons area, by the multi-purpose gym/pool area and in the east hall of the elementary/high school area.

The Grand Theater...

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Nightly 7PM

Saturday & Sunday @ 4PM

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Middle River - Roseau - Thief River Falls

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For school announcements, visit www.lakeofthewoodsschool.org

L/W Robotics compete in St. Paul



This was the 23rd season of the First Robotic Competition involving 68,175 students throughout 17 countries. This year's robots weighed up to 150 lbs. and could not be more than 60 inches tall. The 2014 game, **AERIAL ASSIST**, was played by two Alliances of three robot teams each on a field that was 25 feet wide and 54 feet long. Alliances competed by trying to score as many balls in goals as possible during a two-minute and 30-second match. Additional points were earned by robots working together to score goals, and by throwing and

catching balls over a truss suspended just over five feet above the floor as they moved the ball down the field.

The Lake of the Woods Robo Bears LOWbotics team recently competed at the MN North Star Regional Competition in St. Paul, MN finishing 30th out of 60 teams. The team won 5 matches and lost 5 matches during qualifying rounds but unfortunately did not make it to the final championship matches.

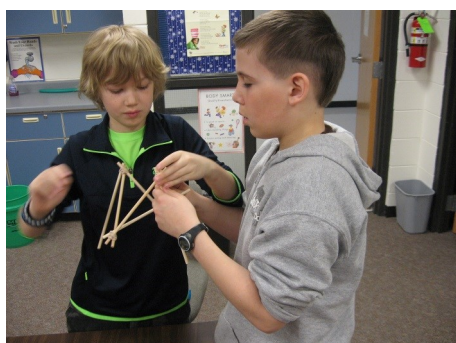
The LOWbotics team was given an amazing assistance award from the Cass Lake-Bena Regulators for their

Cooperation (cooperation in the face of competition) and Gracious Professionalism.

The LOWbotics team would like to thank their 2013-14 sponsors including Medtronic, L/W School, L/W School Alumni Association, Fisher's True Value, Hometown Hardware, Lakewood Health Center, Noble Electronics, and North Star Electric for their support this season.



Bergeron Memorial Residency - Science Museum of MN: Engineering Tuesday, April 8th



Military Salute - to alumni actively serving...



2011
Midshipman Kyle Poolman
U.S. Naval Academy
Annapolis, MD



2001
Lt. Michelle Dittrich
U.S. Public Health Service
Rockville, Maryland



2009
IT4 Brandon Synder
U.S. Navy
Yokosuka, Japan



2005
Seaman Jacqueline Sorrels
U.S. Navy
Construction Mechanic
Naval Center Gulfport, MS



2007
PFC Tyler Wood
US Army Nat'l Guard
34th MP Co, Stillwater
Minneapolis, MN



2011
PV2 Isaac Bitter
US Army National Guard
Thief River Falls, MN

To view your student's meal account balance, visit www.lakeofthewoodsschool.org

Military Salute – to alumni actively serving...



2004
Sergeant Jordan Block
112th Special Operations
Signal Battalion
Seoul, South Korea



2006
2nd Lieutenant Jay Clark
101st Airborne,
Military Intelligence
Fort Campbell, KY



2007
2nd Lieutenant John Clark
U.S. Army, Signal Officer,
10th Mountain Division
Fort Drum, NY



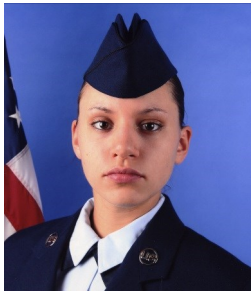
2000
Sergeant Jennifer Dalton
US Army
Fort Stewart, GA



2009
Airman 1st Class Curt Fadness
US Air Force,
E-3 Munitions Systems
Osan AFB, Korea



2000
Joe Leu
Coast Guard
Portsmouth, VA



2012
Airman C1 Lori Johnson
U.S. Air Force
Maintenance/Munitions
Cannon AFB Clovis, NM



2006
Specialist Brandon Foldoe
U.S. Army National Guard
Alpha 2/136 CAB
Bagley, MN



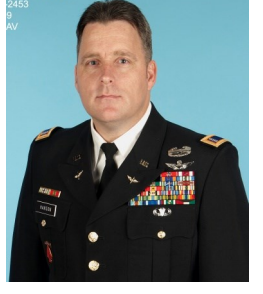
2001
Staff Sergeant Jeff Guenin
US Air Force
Lackland AFB,
San Antonio, TX



2012
A1C Victoria Chamberlain
U.S. Air Force
Travis AFB, CA



2011
Seaman Ryan Gustafson
U.S. Navy
Boatswain E3
Little Creek, VA



1987
W5 Warrant Officer
Michael Hanson
US Army Helicopter Pilot
Hunter Airfield
Savannah GA



2012
Pvt Aaron O'Connell
Water Treatment
Systems
Army Reserves
Baudette, MN



2008
Corey James
Electronics Tech Nuclear
Power Plant
US Navy
Naval Station Norfolk, VA



2006
E1 Pvt. Tyler Ketchum
U.S. Army Nat'l Guard
Baudette, MN



2000
Sergeant Dennis Kramer
US Army SFC-E7
Fort McCoy, WI



2008
PFC Brandon Knutson
US Army Nat'l Guard
3rd Platoon
Dickinson, ND



2011
Airman Jesse LaBore
U.S. Air Force
Aerospace Ground Equip
Dyess AFB, Abilene



2010
Airman Kyle Langrehr
US Air Force
Minot AFB, ND



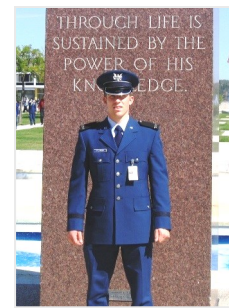
1995
Jimmy Steinberg, Jr.
ND National Guard
188th Air Defense
Washington, D.C.



2001
Tech Sgt. Robert Severs
U.S. Air Force
Joint Base Elmendorf-
Johnson, AK



2010
Seabee Adam Nelson
U.S. Navy
Port Hueneme, CA



2004
1st Lieutenant Brett Nylander
US Air Force
Fort Walton Beach, FL



2004
Captain Brent Olson
US Air Force
Patrick AFB, FL